



Better Breakfast Month National Äviation Day National Dog Day Labor Day Mayflower Sets Sail First Day of Fall Bookshelf Good NeighboringDay Äpples of Gold Bible Study

CELEBRATE TER BREAKFAST MONTH

Did You Know?

According to research conducted by Reading University in 2005, if a 12 year old skips breakfast he will have the reaction time of a 70 year old in the class-room.

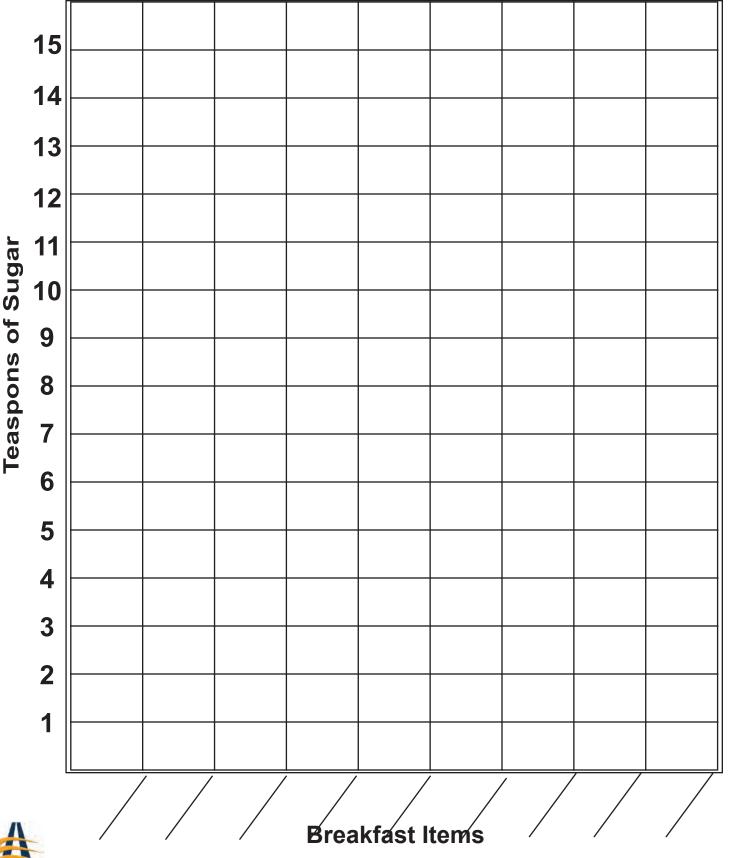
Considering that most school schedules are arranged so that the basic subjects are taught before noon, skipping breakfast can result in significant academic consequences. Breakfast research also shows that children who do not get a nutritious breakfast tire more quickly, can be more irritable. Would our classrooms be a different place if students were getting a good breakfast before they started the school day? Why not encourage your students and their families to begin a new habit this school year, healthy breakfast. Here are a few ideas to get you started on this endeavor.

Have students collect labels from typical breakfast foods.

- Figure out how much sugar is in the food. 4 grams=1 tsp.
- Label large test tubes or small class baby food jars and measure in the equivalent amount of sugar.
- Invite a guest speaker to speak on Breakfast Nutrition for a PTA event.
- Have students set up a breakfast fair. They can research, plan, and prepare a healthy breakfast. Parents can view and sample. Put all menu and recipes in a cook book for all to go home with.
- Demonstrate how much sugar average American eats: 1 cup a day or 155 pounds a year.
 - Soda pop
 - Pop-Tart®
 - Jell-o®
 - Hershey® Bar
 - Brownie
 - Chocolate Chip Cookie
 - Pancake Syrup
 - Apple Pie
 - Vanilla Ice Cream
 - Fruit Loops® or Lucky Charms Cereal
 - Yogurt

How Sweet Is Breakfast?

Directions: Collect the nutritional labels from nine different types of breakfast food. Graph the amount of sugar in each food item. Remember that 4 grams of sugar is equal to 1 teaspoon.



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Breakfast Choices

Cut out pictures of foods that show healthy breakfast choices and unhealthy breakfast choices. Glue picture to the picture graph.





READ

WindFlyers by Angela Johnson

Nattona

Description: Three-time Coretta Scott King Award-winning author Angela Johnson and *New York Times* bestselling illustrator Loren Long invite readers to ponder a band of under celebrated World War II heroes

Augus



BOOK OF

-- the Tuskegee Airmen. With fleeting prose and transcendent imagery, this book by the masterful author/artist duo reveals how a boy's love of flight takes him on a journey from the dusty dirt roads of Alabama to the war-torn skies of Europe and into the hearts of those who are only now beginning to understand the part these brave souls played in the history of America.

DK Big Book of Airplanes by Caroline Bingham

Description: From the fastest—and noisiest—passenger plane in the world, to downright strange aircraft, here is a spectacular look at a subject of endless fascination to children. Marvel at one of the first planes to blast into space! Learn about a plane that can land on water. And take a close look at the fastest of all jet planes, the Blackbird. Striking photographs are supported by lively and informative text that gives children a fuller understanding of these amazing machines.

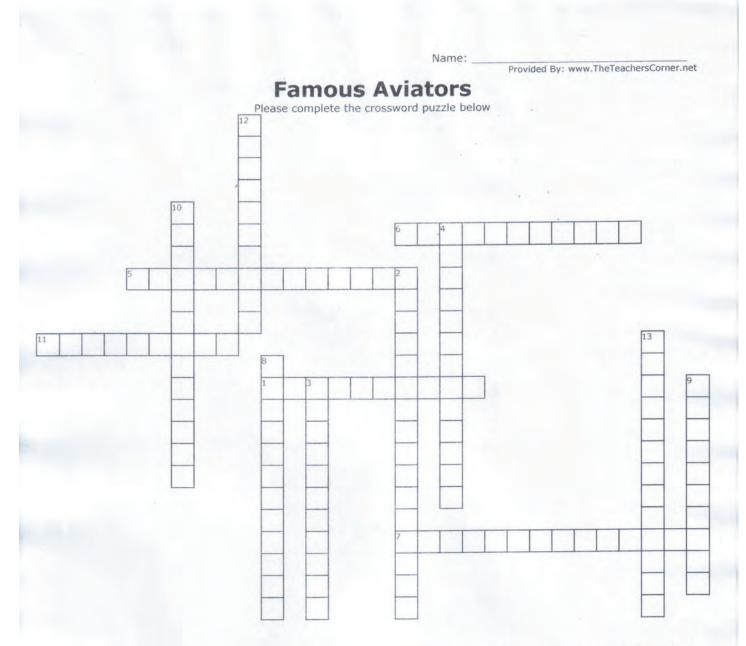
Make & Play

Make paper airplanes adding a paper clip to the bottom of the plane and cutting a flap at the end of each of the wings. Bending one flap so it is facing up and the other so it is facing down. Use these planes to play a game called "Runway." This is a game for outdoors or in the gym. You will



need to create a runway by drawing, taping, or rolling out paper in a large rectangle about 5'X4'. Divide students into two or more equal teams. To play mark off a line ten feet away from the runway. Players from

each team take turns trying to land the paper airplanes they made on the "runway." The first team to successfully land four airplanes wins! (If you have large teams you may want to increase the number of planes that have to be landed or divide into smaller groups.)



wrightbrothers annelindbergh luckylindy chuckyeager alanshephard johnglenn maejemison ameilaearhart

bessiecoleman georgiabroadwick frankborman neilarmstrong buzzaldrin

Across:

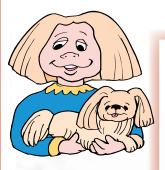
- 1. First non stop transatlantic flight
- 5. First man to walk on moon
- 6. Commander of Apollo 8
- 7. 1903 built first self-propelled flying machine
- 11. First American to orbit earth

Down:

- 'Tiny' was first women to jump from a plane
 1947 first to travel faster than speed of sound
- 4. First licensed woman glider pilot
- 8. 1961 first american into space
- 9. 1992 first african american female astronaut
- 10. First solo transatlantic flight by a woman
- 12. Apollo 11 lunar modular pilot
- 13. First African American female pilot



In addition to giving us love and companionship, dogs help us out in many ways. National Dog Day is intended to honor dogs for all that they do for us humans!



"Paws" To Meet You... Provide an opportunity for students who have dogs to introduce them to the class. Post a sign-up sheet with time slots scheduled at the end of the day. Make sure each pet gets a "Thank You" treat from the class. (See Hmmm, 'Dem Bones.)

Mmmm 'Dem Bones

Try making some delicious and healthy doggie treats for your special doggy visitors.

Apple Cinnamon Dog Treats

1 c. Natural Applesauce 1 tsp. Cinnamon 1 Tbl. Parsley 1 c. Cold water 1/2 c. Veg. Oil 5 c. Flour 1/2 c. Powdered Milk 2 large Eggs

Directions:

Preheat the oven to 350° Combine all of the ingredients -- add oil or water if dough needed. Roll out dough to desired thickness and cut into fun shapes using cookie cutters. Bake 20-25 minutes until browned.

Hard "Woofing" Dogs.

From your local library obtain a selection of books about working dogs or service dogs. For younger students "Officer Buckle and Gloria" by Peggy Rathmann is a humorous way to introduce students to dogs that go to work. put a large dog picture or cut-out in the middle of a piece of chart paper then create a web naming the different kinds of jobs that dogs do for us humans. For upper grades assign a type of working dog, such as seeing eye, police dog, seizure dog, etc... to a student. Have them research and write a job description for their dog. If you know someone who trains service dogs you can contact him/her to come speak to your class. Check out the two links below for two great lists of doggy books.



http://www.leoncountyfl.gov/library/youth-child/bibliographies/Dogs-Picturebooks.pdf http://pbskids.org/martha/parentsteachers/activities/books.html annotated book list contains both fiction, nonficdtion, and poetry

AUG 26

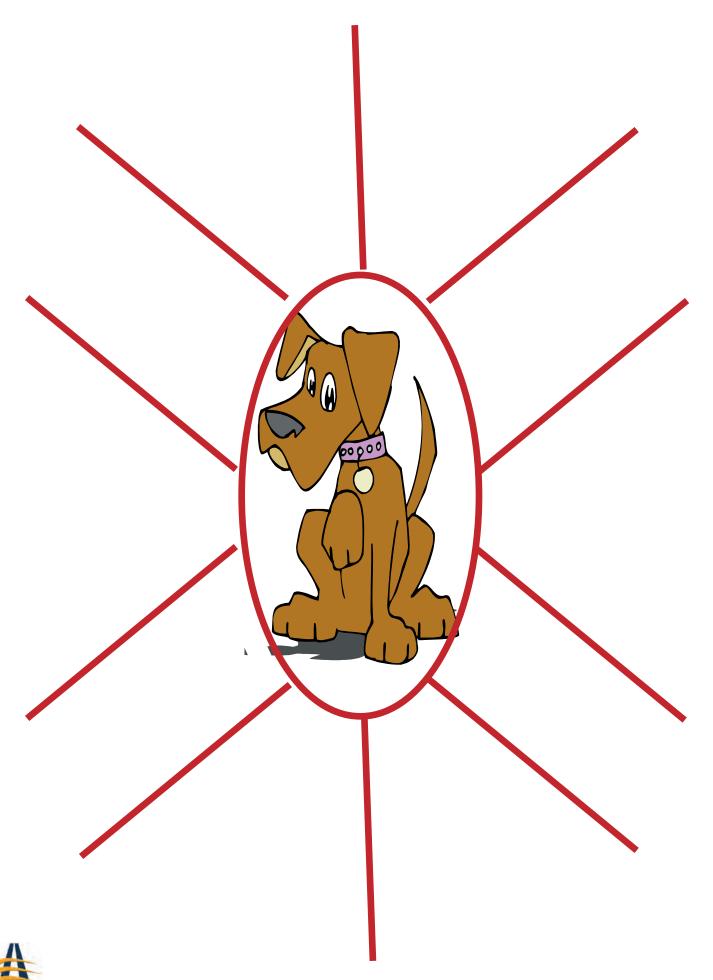
will "PAWS-I-TIVELY" have fun with this writing assignment. If you can, obtaint a copy of Maya Gottfried's "Good Dog." This book contains free verse poems written from the dog's perspective. Then have you students pretend they are a dog (if they have dogs they can pretend to be their own dog!) and they are writing letters to their owners. When they have finished, have them copy letters in their best handwriting on the

Students

"Memo" sheet.



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Tabor Day

Labor Day, the first Monday in September, is a creation movement and is dedicated to the social and economic of American workers. It constitutes a yearly national contributions workers have made to the prosperity and our country. of the labor achievements tribute to the well-being of

THANKS FOR ALL YOU DO

The recipients of these delicious "Thank You" notes will certainly feel like they have been rewarded



for their hard work. The outside of this card says "We Appreciate All You Do So Much..." Inside: "We Think You Deserve An Extra PAYDAY!" You will need the greeting card template and a

*PayDay® candy bar for each. Have students decorate cards and stick on the candy bar to inside of card with double sided tape.

*Peanut Allergy bars have peaMrs. Apple A. Day Teacher

Star Workers Display

Here is a display that students of all ages can help create as a tribute to all the hard workers in their school and/or community.

You will need to trace and cut out one large star for each person you wish to pay tribute to. Then mount that person's picture or use a general coloring page cut-out of a teacher, bus driver, policeman, etc... Mount the picture on top of the star, carefully printing the person's name and title underneath. Older students could interview each worker and write a paragraph job description including a quote from the tributee. Give Your Display a catchy title such as: The [J.W. School's] All Star Workers. Follow up with "Thanks For All You Do" activity.

The following website has related coloring pages for printing. http://www.first-school.ws/THEME/cp_comhelpers.htm

Alert: These candy

nuts in them.

tape candybar here

We Think You Deserve An Extra

2

Appreciate All You Do So Much...

Work As Unto The Lord

Have you ever heard some one describe another person as having a good work ethic? What are they saying about that person? In the United States, on Labor Day we celebrate the contributions American workers (laborers) make to the prosperity and well-being of our country. The *American Heritage Dictionary* defines work ethic as: a set of values based on the moral virtues of hard work and diligence. In the book of Ecclesiastes, Solomon tells us that finding satisfaction in work is a gift from God. So what kind of worker are you? What kind of worker should the Christian be? Let's take a look at what the Bible has to say about work and how these principles can be applied in your own life.

1. Describe the kind of worker God calls us to be.

Prov. 6:6-8; Eccles. 9:10; 2 Cor. 15:58; Col 3:17; 2 Thess. 3:11-12

- Why is it important to cultivate a good work ethic? Eph 4:28; Gal. 6:4-5; Prov.18:9; Prov 21:25; Prov.14:23
- During what time period should our work be accomplished?
 Ps. 104: 23; Gen. 2:2; Ex. 20:9-10
- 4. Why do you think God established a weekly "Labor Day" celebration? Ex. 10:11
- 5. What kind of worker do these texts say God is?

Gen 1:1; Ex.20:11; Ps. 102:25; Ps. 111:2-8; Eccles. 8:17; Phil 1:6

6. Although you might not have a paid job yet, you still have responsibilities and jobs in your home and at school and church. Rate your work ethic on the scale below, and then read Colossians 3:23-24. What habits and attitudes do you need so that your work can be described as "*working for the Lord*"?

The Ant 10.	9.	8.	7.	6.	5.	4.	3.	2.	1.The Sluggard	
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reptember 16, 1620- The *Mayflower* ship departed from England, bound for America with 102 passengers and a Small crew. The ship weathered dangerous Atlantic storms and reached Provincetown, Massachusetts on November 21. The Pilgrims disembarked at Plymouth on December 26.

Internet Resources

A search of the web will provide a number of great resources, activities, and complete lessonplans for a study of the *Mayflower*. I have listed a few below along with a brief description of their offerings. To find the listings simply copy the link and paste it in your webbrowser.

http://www.proteacher.com/090096.shtml To engage your students in an interesting interactive simulation of the signing of the Mayflower *Compact* click on the <u>A New Start</u> link for a great unit developed by the Montgomery County Public Schools.

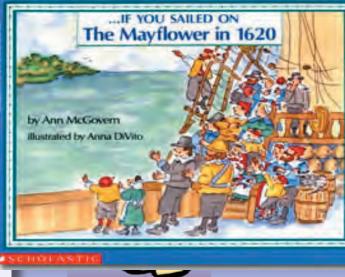
http://www.mayflowerhistory.com/index.php This site dedicates itself to "debunking" myths and erroneous information about the *Mayflower*. It is also has a collection of primary documents to be viewed along with translations of the writing.

http://www.enter.net/~canpan/webq.htm A WebQuest based on Ann McGoverns's "If you sailed on the *Mayflower*..." Make sure to complete the webquest prior to assigning it to students to make sure all links are still valid and that you have the necessary print resources.

http://www.sail1620.org/teaching materials.shtml **Sail 1620** link Teachers and Students- Mayflower and Me K-12 curriculum.

Voyage to A New Land BoardGame

Using a copy of Ann McGovern's ... If You Sailed On The Mayflower in 1620, or another similar book, divide students into small groups, assigning each group one of the chapters. Students' task will be to write 8-10 game questions (on the game card form provided), using the information from the chapter. Collect questions and make copies so that you will be able to make more than



one game.

*See template instructions for game assembly.



Voyage to A New Land BoardGame

Assembly Instructions: Mount the gameboard on to a file folder or a piece of stiff cardboard. Copy game pieces and cards on heavy cardstock. Game marker pieces should be cut out and glued to toothpicks, then stuck upright in a small amount of Play-doh or self-drying clay. Game questions and answers should be written on the special game cards.

Game Directions:

Each player or team should have one ship marker in the box labeled *Start*. Players progress around the board by correctly answering the question drawn and read by the other team or player. If a question is correctly answered, it should be placed in the Discard pile. If the question is incorrectly answered, it should be placed back into the Draw pile. The first ship to reach the New Land wins!

Variations: If you can have students create more difficult Bonus questions, that would allow a player to advance several spaces in one turn. Just add the BONUS play cards to the Draw pile before playing.

You've encountered stormy weather and rough seas. Your ship is forced to turn back.	Passing storm requires you to haul in your sails and hunker down.	MAN OVERBOARD! You lose a fellow pas- senger overboard and must fish him out.
Return to Start	Lose One Turn	Lose One Turn
A stretch of fair winds makes for swift sailing.	A stretch of fair winds makes for swift sailing.	A time to celebrate! Oceanus Hopkins born en route to the New Land.
Advance Two Spaces.	Advance Two Spaces.	Advance One Extra Space.



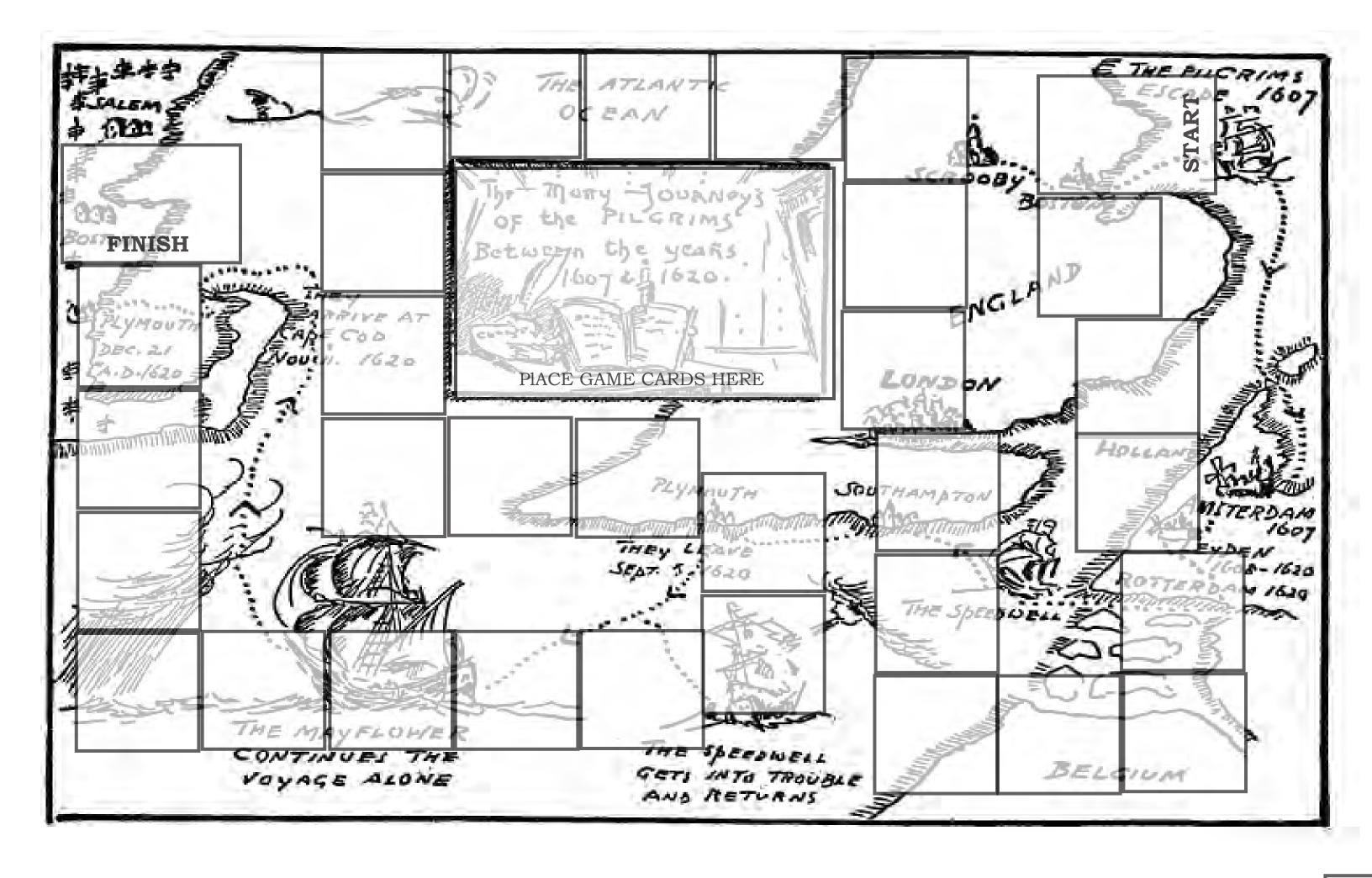
QUESTION TEMPLATE

Question	Question	Question		
Answer:	Answer:	Answer:		
Question	Question	Question		
Answer:	Answer:	Answer:		
Question	Question	Question		
Answer:	Answer:	Answer:		
Answer: Bonus Question	Answer: Bonus Question	Answer: Bonus Question		

Game Markers



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Pascal's Leaves

This activity provides a fun way for students to analyze and learn the patterns of Pascal's Triangle. This is an important mathematical pattern which students will need an understanding of in order to solve more advanced mathematical problems they meet in the future.

How Do These Leaves Measure Up?

Finding The Surface Area of a Leaf. Supplies: *graph paper (larger squares for lower grades) *a collection of leaves that are different shapes and sizes *crayons & a pencil

Task: To estimate the surface area of a leaf based on graph paper units.

- Estimate the area of each leaf and write it at the top of paper.
- Place each leaf on graph paper and trace around it or make a crayon rubbing.
- Count the number of complete squares within the leaf outline. Work out a system for counting the partial squares, such as pairing up two partial squares whose combined areas are close to one square.
 - Compare the total number of squares to your estimate.
 - Put leaves in order according to their size.

September 22

Leaf-U-Nique

Showcase the individuality of each student with this pictorial form of data collection. You might be reminded of one of the first forms of writing, "hieroglyphics," as these mathematical glyphs allow students to organize and analyze data in a unique form of pictographs. Students will need to use the *Leaf Glyph Legend* to determine what their personal leaf graph will look like. Addtional blank lines have been provided on the legend in case you would like to add other characteristics. When glyphs are finished, hang them on a bulletin board with each student's name hidden underneath. Everyone will have fun guessing which glyph belongs to whom.



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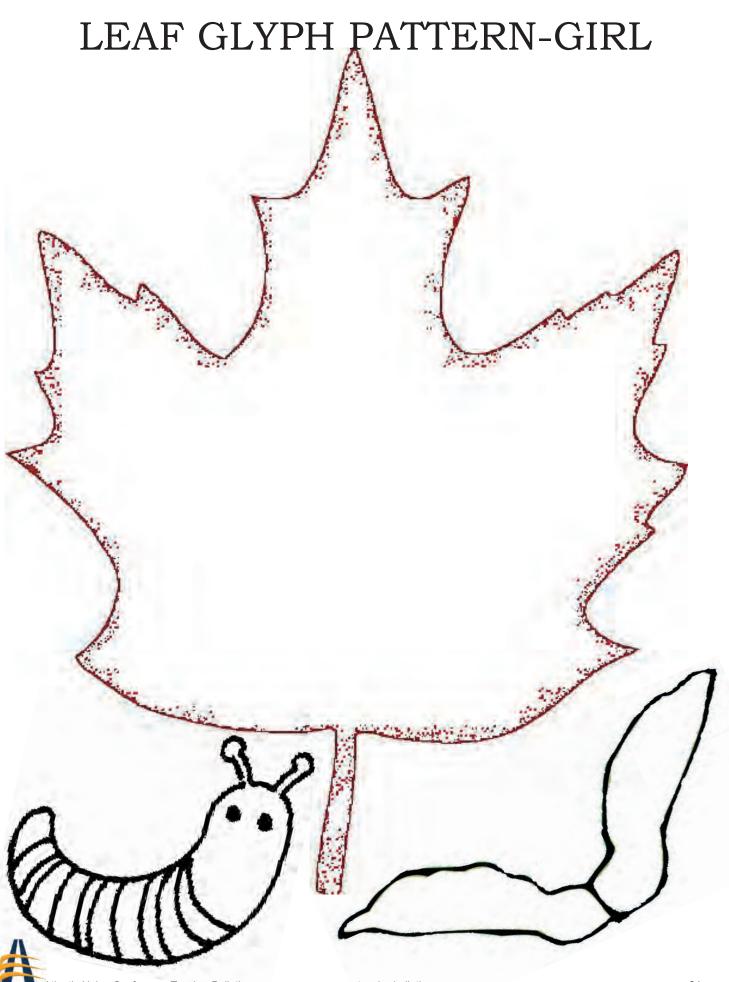
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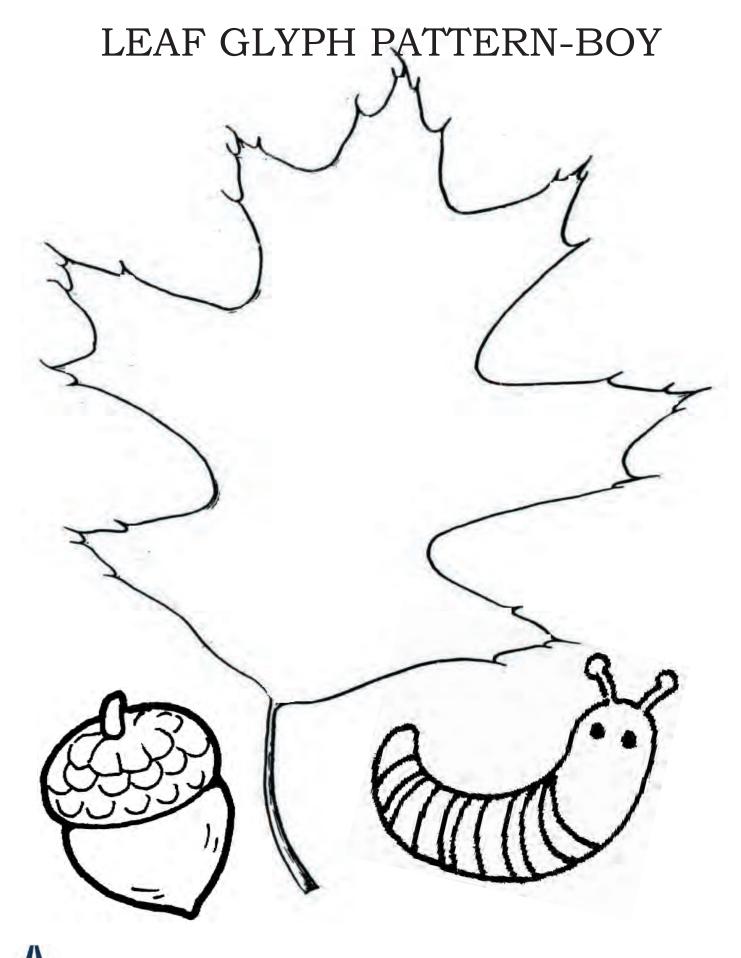
Great Books To Leaf Through

LEAF GLYPH LEGEND

Type of Leaf Gender	Oak Boy	
Color of Leaf Favorite Fall Color	* * *	* * *
Caterpillar Favorite Fall Sport	Soccer Football	Baseball Other
Leaf Veins Likes to be buried in a big pile of leaves		
Seeds Took a Labor Day trip		E.

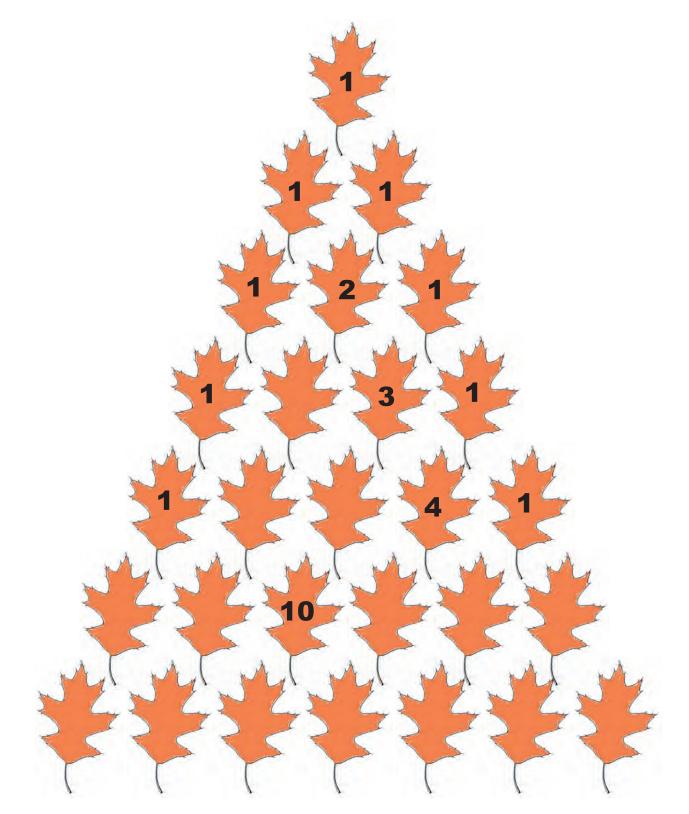






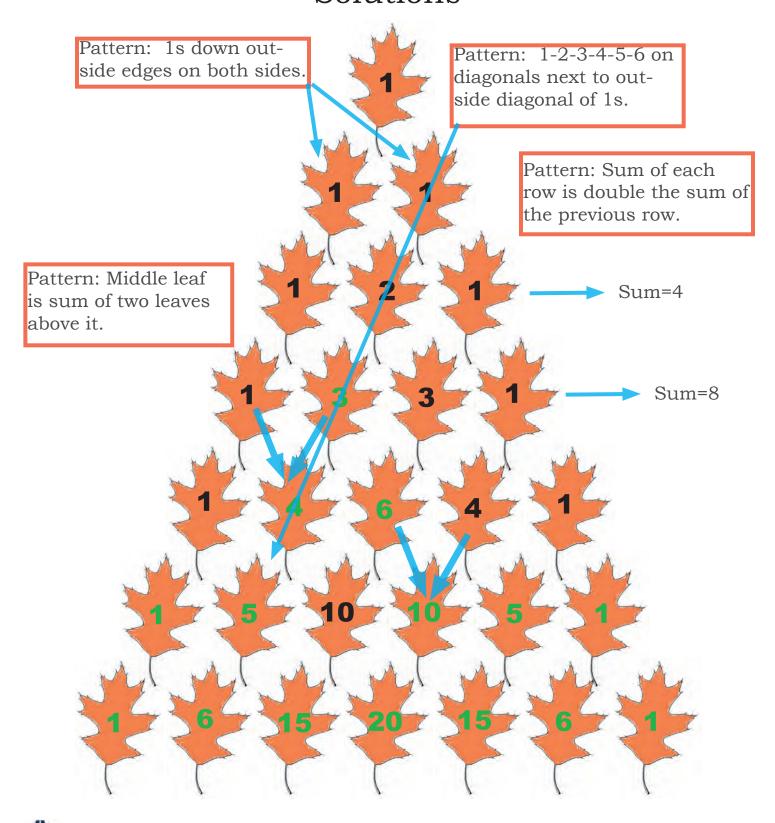
PASCAL'S LEAVES

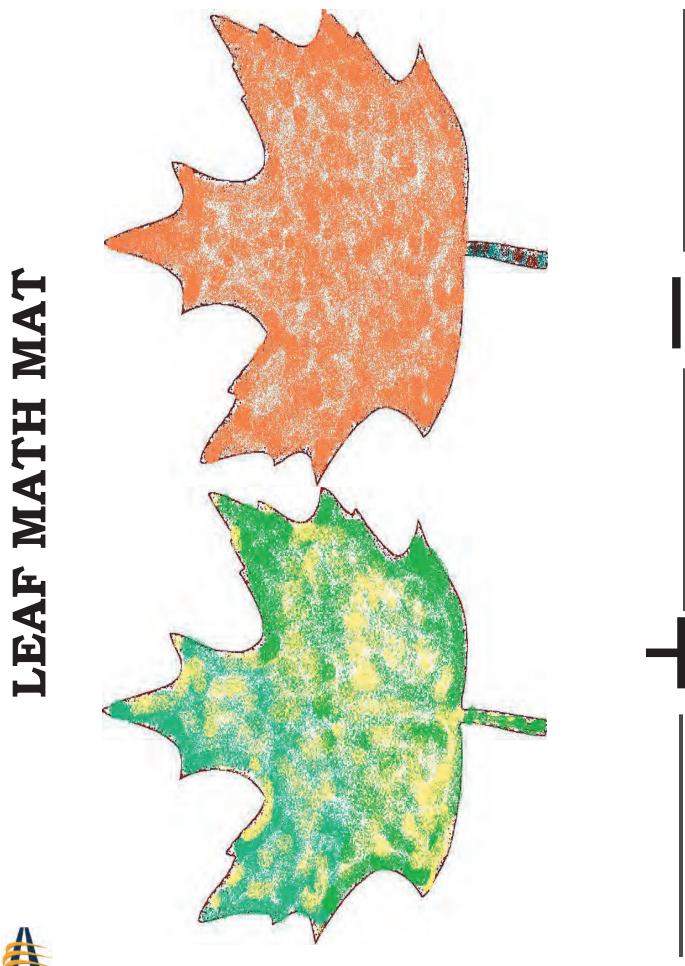
Directions: Fill in the missing numbers. What patterns do you see?





PASCAL'S LEAVES Solutions





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Leaf Math Mat



Directions: Role the die and place that many counters on the Green Leaf. Than role the die again and place that many counters on the orange leaf. Next write a number sentence that tells how many counters there are altogether on both leaves.

Green	Orange	Number Sentence
A		

Leaf Math Mat Subtraction

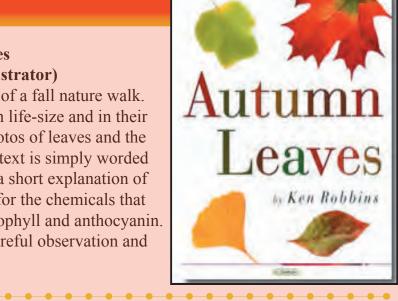


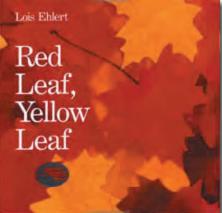
Directions: Role two dice and place that many counters on the Green Leaf. Than role one die and place that many counters on the orange leaf. Next write a number sentence that tells how many counters there are left when you subtract the orange leaf from the green leaf.

Green	Orange	Number Sentence
A		

Autumn Leaves by Ken Robbins (Illustrator)

This book is a colorful photo-essay of a fall nature walk. It is an album of autumn leaves, shown life-size and in their changing colors. The author shares photos of leaves and the trees that they came from. The book's text is simply worded and informative. The last page offers a short explanation of photosynthesis, using scientific terms for the chemicals that make the leaves turn colors, i.e., chlorophyll and anthocyanin. The author's work demonstrates his careful observation and reverence for nature





Red Leaf, Yellow Leaf by Lois Ehlert

Seasonal Selections

Everyone Will Enjoy!

Lois Ehlert uses watercolor collage and pieces of actual seeds, fabric, wire, and roots in this innovative and rich introduction to the life of a tree. A special glossary explains how roots absorb nutrients, what photosynthesis is, how sap circulates, and other facts about trees.

Before Reading: Take children on a walk to collect a variety of different kinds of leaves. Using a piece of chart paper, make a list of facts kids know about leaves and questions they would like to answer.

After Reading: Ask the children to describe what kind of person Babushka is. Use a chart pad to record adjectives designed to paint a personality profile. Have the children substantiate their opinions with passages from the text.

Check out more great Lois Ehlert books about fall. Leaf Man, The Apple Pie Tree, and Pie In The Sky

How Do Apples Grow? by Betsy Maestro

Have you ever eaten a part of a flower? You have if you have eaten an apple! Find out how an apple grows from bud to flower to fruit--ready for you to pick!

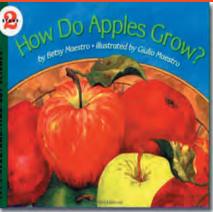
Before Reading: How Do Apples Grow

Bring in a bowl of apples and have some apple slices for a snack while engaging in this pre-reading activity. Ask students how they think an apple becomes an apple. Write responses on a piece of chart paper After Reading: *How Do Apples Grow* Looke at the pre-reading response written on the chart paper. Have students help you decide if what they thought before they read the book was true or false. Mark each statement with a T or F. Then give students their own copies of How an Apple Grows and have them write and illustrate it.

Pair students up and have them peel and slice two-three apples, sprinkle them with sugar, cinnamon, and a little flour. Place the mixture on the bottom half of a prepared pie crust, folding top down over filling to create a crescent-shaped tart. Using a fork, seal edges and poke several holes in tart. Then sprinkle outside with sugar. Bake on a cookie sheet.







The Autumn Equinox by Ellen Jackson The book provides a definition of the autumn equinox and shares historical perspectives as well as current celebrations from around the globe. The book includes crafts, recipes, and games for the season.

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Ellis's folk-art illustrations portray different cultures and how they share similarities in their observances.



We Are His Hands

to touch the world around us

SERMCE PROJECT

Good Neighbor Day 4th Sunday of September ..."You shall love you neighbor as yourself" Galatians 5:14

Use the opportunity of Good Neighbor Day to make a connection with the people who live around your school or the larger community in which your school resides. The possibilities are endless! This list contains just a few of many ideas to get you started.

•Invite the elderly to your classroom—make a special day of it.

•Invite your neighbors to stop by on their way to work for a special continental breakfast buffet.

•Stage a skit or puppet show at a rest home or hospital.

•Volunteer at the local library or community center.

•Clean up empty lots, parks, school grounds.

•Do chores for elderly citizens.

•Take some homemade baked goods or potted plants to neighbors near your school. Attach coupons for assistance with yard work, window washing or other fall chores.

•Plan and host a neighborhood block party. Plan games and interactive entertainment.

•What Ideas Do You Have? Remember, this is a day to do something that will connect you to the people who live around you, another chance to share Jesus' love. You're only limited by your imagination.





Directions: Create this board using the graphics and posters provided, or use your own pictures and lettering. If you want, have your students create the apples using the ideas on the golden apple art project page. Fashion a silver bowl out of aluminum foil. Use this board to daily reinforce the application of Prov. 25:11 by providing a time each day for students to think of examples of the kinds of words this text is talking about. Write these examples on the apples and add them to the board. Watch your silver bowl overflow with words rightly spoken.

The right word spoken at the right time is as beautiful as sold apples in a STLVER BOAL. --Proverbs 25:11 (TCB)

STEPS TO BIBLICAL JOURNALING





STEP ONE: Pray

• Before studying the scripture ask God to send his Holy Spirit to reveal the truths and message of His Word.



STEP TWO: Reading the Bible

• Read the entire passage through to familarize yourself with it. Then read it again using one of the following techniques.



STEP THREE: Responding to the Word

• Select one or two verses from your reading that speak to your heart, and connect To what you're experiencing in your daily life in some way.

- Copy these verses at the top of your page in your journal.
- Next, write in your own words what these verses are saying.
- Thoughtfully reflect on the words or phrases used in the scripture, and find other words for them that expand their meaning.

STEP FOUR: Applying Biblical Truth to My Life

• Write down your thoughts about how this portion of scripture applies to your life today. Ask: "What do I believe God is saying to me through these verses? Or "How will I be different because of what God has shown me? or "In what areas of my life do I desire to be challenged and transformed because of the principles I've read and reflected upon?

STEP FIVE: Speaking to God About what I've Learned.Conclude by writing a prayer to God about what you've learned in this time of devo-

• Conclude by writing a prayer to God about what you've learned in this time of devotion, asking for God's help in living faithfully each day. Pray specifically about what you have read in the scripture passage for today.



Wee		i ble Re ugust/	ea So		P 6	lan T	
Monday	Tuesday	Wednesday		Thursday		Friday	
What charac- teristics do the people who dwell with the Lord have? What character- istics don't they have?	Why do you think David wants God to not only find his words accept- able, but also the mediations of his heart?	Explain how someone's words can be smooth like butter but at the same time have the effect of a sword.		sking God's help ? Why do you ink he begins is prayer with Aake haste to		y is it wise sten more speak ? Do you e a silver jue?	
Psalm 15:1-3	Psalm 19:14	Psalm 55:21	P	salm 141:3	Pro	ov. 10-20a	<i>.</i>
						We	rek_Two
	Monday	Tuesday	/	Wednesda	y	Thursday	Friday
The right word spoken a	you encourage ment at a time when you were discouraged?	give What do you think this prov means? Do y think it is true? Explain.	think this proverb means? Do you think it is true?		ysi- a ive f d	What does the Bible call a person who causes dis- tension? How loes a whisperer teparate friends?	What are foolish words? What do you think it means to "multiply" words?
	Dual AF.C	23 Prov.22:	11	Prov. 16:24		Prov. 16:28	Eccles. 10:12-14
the right	Wee	ek Three					
time is as	Monday	Tuesday	/	Wednesday	у	Thursday	Friday
time is as beautifu as 50LD	made the nurne	person's wo reflect the spiritual con hat tion of his/ho	di-	What was Jesus' speech like? How did people react to it?		Vhat do you nink Paul neans?	Why is it im- portant to ex- ercise control over the words of our mouths?
APPLES IN	Isaiah 50:	4 Matt 12:35	-37	Luke 4:22	2	Col. 4:6	James 1:19
APPLES IN					- I	Week F	our
	Monday Tuesday Wednesday			Thursday	Friday		
A 571NER BO211. Proverbs 25	controlled word of a professed Christian make Christianity see	s a person's ton speaks)? What tics? How do one is speakin	What does James have to say about a person's tongue (words he/she speaks)? What are it's characteris- tics? How do we know whether some- one is speaking under the influence of God or Satan?		ne- G	Vhat comes as result of giving God control of our ves? What will eople notice?	What will be one of the characteris- tics of the righ- teous?
(TCB)	James 1:2	James 1:26 James 3			1	Peter 3:15-16	Rev. 14:5

The Solden Apple Award

Is hereby named the receipient of

The Golden Apple Award In recognition of your practice of Proverbs 25:11

Given on this _____ day of

in the year

The right word spoken at the right time is as beautiful as **SOLD APPLES** in a STENER BOAK.

--Proverbs 25:11 (TCB)

Expanding The Theme



Honor the people in your school who truly exemplify Proverbs 25:11. Hold a special chapel service to honor these recipients, then post a picture of each one holding an award certificate on a bulletin board.

Apples of Sold Ministry

Start a ministry of encouragement. Make an apple stamp by cutting an apple in half and dipping it in paint. Stamp blank note cards, then have students write notes of affirmation to people in ministry positions or those who may be in need of a word of encouragement.



Solden Apple Reward

If you're looking to reinforce the use of positive and affirming language in your classroom, try this idea. Tell students every time you hear students use encouraging and uplifting language with each other you will add an apple to the basket on a bulletin board. When the basket is full (you determine the number) celebrate!

Descrip Ideas

Carry this theme into your morning worships with the Bible reading plan materials and worship stories found at <u>Keys for Kids</u>, under the topic Speech.



- 1. Paper Plate Apple
- 2. Cut a crescent shape section out of top and bottom of plate.
- 3. Save smaller top crescent to use as stem. Color it brown.
- 4. Color or paint the paper plate a golden yellow. Add glitter if you want to be fancy!
- 5. Glue on the brown stem and a green leaf cut from construction paper.



