# TEST <br> PREP SKILLS 

Presented by<br>Laura Mayne<br>"Classroom Jreats"

Do you sweat, chew your pencil, and feel butterflies in your stomach as your teacher hands out a test? A lot of people (adults included) get freaked out when it's time to take a test.


## Pray to God

## Show up on time.

## Stay focused and relaxed.



## Sit

## comfortably.

## Read the directions.

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## > Focus on the stuff you know. <br> <br> Focus on <br> <br> Focus on the stuff the stuff you know. you know. 

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## Use all your time.



